



Health and Counseling Services

601 South Church Street

Winston-Salem, North Carolina 27101

Health Services: 336/721-2713 Counseling Services: 336/721-2625 Fax: 336/917-5763

SALEM ACADEMY AND COLLEGE ADD/ADHD MEDICATION POLICY

As part of our commitment to our Salem Academy and College students, their families, and the Salem community at large, the Student Health and Counseling staff have established a policy regarding ADD/ADHD medication that will be effective August 26, 2013. The policy states that Salem Academy and College Health and Counseling Services will not provide prescriptions for medication for students with a diagnosis of ADD/ADHD.

Students coming to campus with pre-existing diagnosis of ADD/ADHD will have two options:

1. Continue to get their medications from their treatment provider at home. Be sure to notify your home physician a month or so in advance to work out the details of medication management and follow-up while at college.
2. Arrange to see a psychiatrist in the local community for medical management. A list of referrals is available upon request.

Those students who do not have a previous diagnosis, but who suspect they have ADD/ADHD will need to get tested and treated, if appropriate, by a psychologist or psychiatrist in the community. A list of referrals is available upon request. The Counseling Center staff will continue to offer support to our students who are diagnosed with ADD/ADHD by teaching them organizational skills, impulse control strategies, mindfulness and focusing skills, etc. Students will also be referred to Academic Support as needed.